#### Staff:

We strive to have the most informed prepared and knowledgeable Youth Specialists. AAO Youth Specialists receive continual educational training throughout the year in topics such as Strength Based Programming, Crisis Prevention and Intervention, Behavioral Management, Interactive Supervision and Conflict Resolution.

#### **Services:**

- Individual Service Planning
- Educational/Vocational Opportunities
- Tutoring
- Life Skills Training
- Job Skills training
- Preparation for Adult Living
- Transitional Living
- Pro- Social Skill Building
- Diversity/Cultural Awareness
- Physical Fitness Awareness
- Community Outings

"My mission in life is not merely to survive, but to thrive; and to do so with some passion, some compassion, some humor, and some style"

Maya Angelou

# Against All Odds Youth & Family Services

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Inspiring our youth's growth and development!



### **Agency Overview:**

Against All Odds Youth Family Services is licensed to serve girls from ages 7 to 17; we are dedicated to serving dependent, neglected, abused and abandoned girls who are unable to make a successful adjustment/transition into their natural homes or foster care homes.

Our program is designed to encourage positive change and growth through a series of educational, recreational, pro-social and supportive services in a warm, caring, secure and structured environment.

### **Agency Mission:**

Inspiring our youth's growth and development

## Agency Objectives: Strength Based Environment:

Through our Strength Based Environment, youth will be introduced to the concept of how outcomes are often related to how we think. If we choose to changing our thinking we can potentially change our out comes. We also promote our youth to have a clear understanding of authority, boundaries, effective problem solving and diversity. Youth in our care will work daily on strength based goals that will help them transition back to their home or community. We track these goals to help identify behavioral. patterns and intervene to teach the appropriate skills. Some of the categories tracked include:

- Individual Service Plans (I.S.P)
- Adult and authority figure relations
- Basic behavioral expectations
- Character Building
- Educational goals
- House meetings and groups
- Cleanliness and personal hygiene

## Life Skills – Youth/Young Adult Development:

An important goal of the group home program is to help each youth towards achieving their greatest potential as an adult. Girls age 16 and older participate in the AAO Youth/ Young Adult Development Program. This program helps prepare them for living on their own within the community. Through the Life Skills sessions, the girls learn the following:

• Money management

#### **Education - Academic & Vocational:**

Youth will attend High School/GED, College, Vocational School or maintain a job while living in the group home. Staff members assist the youth in our care and encourage them in their academic pursuits. We provide our youth with a safe place to live and services to meet their educational and vocational needs in order to successfully integrate into the workforce.

#### Social/Recreational:

A variety of opportunities for social and recreational activities are also available to the youth we serve. Community service, educational field trips, outings to local attractions, sporting events and other recreational activities occur often. We strive to place our girls in the most pro-social and diverse environments in order to reinforce and promote cultural diversity, awareness and understanding.

